



CATALYST *Gymnastics*



WINTER 2027 | 10-WEEK SESSION

REGISTRATION OPENS

Current members: October 17 at 9:00 am

New members: October 18 at 9:00 am

CLASS	MON	TUE	WED	THU	FRI	SAT	SUN
Parent & Tot 18 months-3 years 45 min \$240.00 No experience required	9:45	9:45				10:00 11:00	
Minis 3 years 55 min \$325.00 No experience required	10:30	10:30	5:15		5:30	9:30 10:30 11:00	8:30 10:30
Mighties 4-5 years 55 min \$325.00 No experience required			4:45 6:15		6:30	9:00 10:00	8:45 9:30 10:30
Advanced Mighties 4-5 years 85 min \$475.00 Coach invitation only	4:30					9:30	
Girls Junior Recreation 6-8 years 85 min \$475.00 No experience required	6:15		6:00			9:15 10:45	9:00
Girls Senior Recreation 9+ years 85 min \$475.00 No experience required			7:15		5:15		11:30
Girls Rec: Intermediate / Advanced 7+ years 85 min \$475.00 Must have completed Level 4			5:45		6:45		
Boys Recreation 5-12 years 55 min \$325.00 No experience required			6:00				9:45 10:45

Register online at www.catalystgymnastics.ca

Prices do not include HST or the annual Gymnastics Ontario fee.



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Beginner Tumbling 6 years 55 min \$325.00 No experience required			5:00		7:30		11:00
Tumbling: Walkovers 6+ years 55 min \$325.00 Cartwheel, handstand and limbers required.			7:15				
Tumbling: Aerials 6+ years 55 min \$325.00 Clear handstand on floor, strong cartwheel, limber, and front/back walkovers required.			7:00				10:00
Tumbling: Handsprings 6+ years 55 min \$325.00 Clear handstand on floor, strong cartwheel, limber, and front/back walkovers required.							12:00

More at Catalyst

NEW! Daytime Playtime

Tuesdays and Thursdays

Birthday Parties

Sundays PM only

Field Trips

For schools and daycares

Homeschool Classes

PA Day Camps

Ages 4-12 | 8:30 am-4:30 pm

March Break Camp

Ages 4-12 | Daily and weekly options

Winter Break Camp

Ages 4-12 | Daily options

Summer Camp

Ages 4-12 | Half or full-day week options

Private Lessons

Limited availability; email your request.

CIT Leadership

Coach in Training | Ages 12 and up

Catalyst Merch!

Show off your love of gymnastics in your Catalyst Gymnastics Hoodie! Makes a great gift for your gymnast and the family.

Register online at www.catalystgymnastics.ca