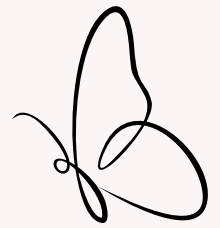




Catalyst Gymnastics

Winter 2026 Class Schedule



10 Week Winter Session Starts January 3rd

Registration Opens November 1, at 9:00am for CURRENT Members (Members in Fall Session),
November 2nd at 9:00am for all NEW Members

Class	Monday (9 Weeks)	Wednesday	Friday	Saturday	Sunday
Parent & Tot 18 mths-3 yrs 45 min \$240 No Experience Required	9:45			9:00 10:30	9:15 10:00 10:45
Mini's 3 yrs 55 min \$320 No Experience Required	10:30	5:15	5:30	9:30 10:30	8:30 10:30
Mighties 4-5 yrs 55 min \$320 No Experience Required	5:00	4:15 4:45 6:15	5:15 6:15 6:30	8:30 8:45 9:45 10:45	8:45 9:30 9:45
Advanced Mighties 4-5 yrs 85 min \$480 (Coach Invite Only)	4:30				
Girls JR Recreation 85 mins 6-8 yrs \$480 No Experience Required	5:00 6:00	5:30	5:15 5:30	9:15 10:45	9:00
Girls SR Recreation 85 mins 9+ yrs \$480 No Experience Required	6:30	7:00	7:00		11:30
Girls Recreation Intermediate 7+ 85 mins \$480 Must Have Completed Lv 4		5:45 7:15	6:45		

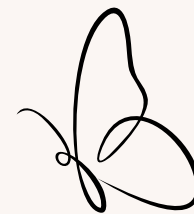
Register Online at www.catalystgymnastics.ca

Prices Do NOT Include H.S.T or the Gymnastics Ontario Fee



Catalyst Gymnastics

Winter 2026 Class Schedule



10 Week Winter Session Starts January 3rd

Registration Opens at 9:00am November 1 for Current Members (Members in the Fall Session),
and 9:00am November 2nd for New Members

Class	Monday (9 weeks)	Wednesday	Friday	Saturday	Sunday
Boys Recreation 5-12yrs 55 min \$320 No Experience Required	4:00	4:00 6:00			10:30
Tumbling Beginner 6+ yrs 55 min \$320 No Experience Required		5:00 6:00	7:30		9:00 11:00
Tumbling Intermediate 6+ yrs 55 min \$320 Must be working on BHS, FHS, Ariels		7:30		11:00	10:00

Register Online at www.catalystgymnastics.ca

Prices Do NOT Include HST or the Annual Gymnastics Ontario Fee

DID YOU KNOW?

WE ALSO OFFER:

- Birthday Parties (Sunday PM Only)
- PA Day Camps 4-12yrs 8:30-4:30pm
- March Break Gymnastics Camp 4-12yrs Daily and Weekly Options
- Winter Break Gymnastics Camp 4-12yrs
- Summer Gymnastics Camp 4-12yrs NEW! Daily and Weekly Options
- Private Lessons (Limited Availability) Please email us your request.
- Field Trips for Schools/Daycares
- Homeschool Classes
- NEW! Date Nights (We'll entertain your kiddos, so parents can have a date night!)
- CIT (Coach in Training) 13yrs and Up



QUESTIONS? EMAIL US AT admin@catalystgymnastics.ca